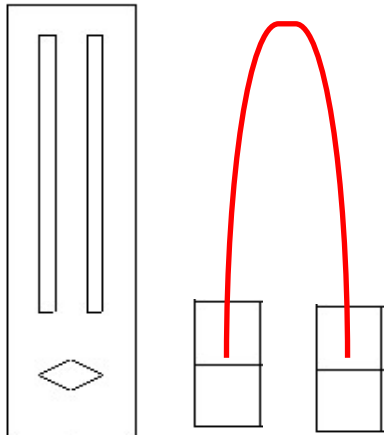
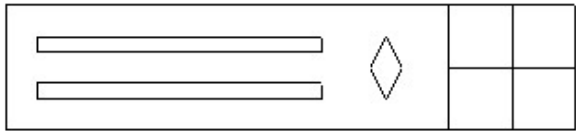
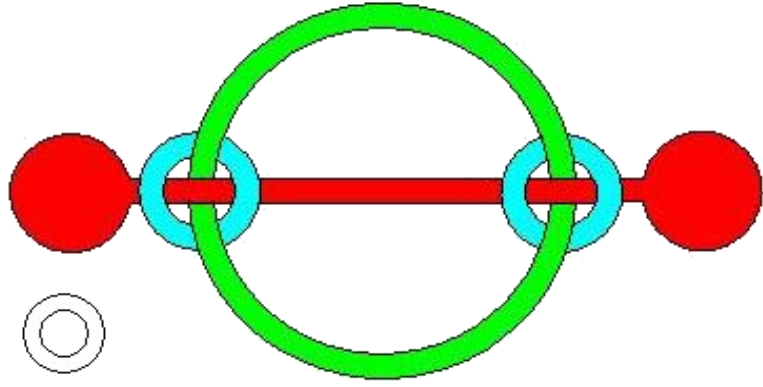
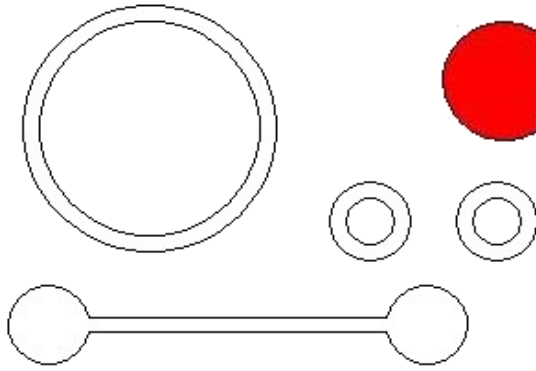
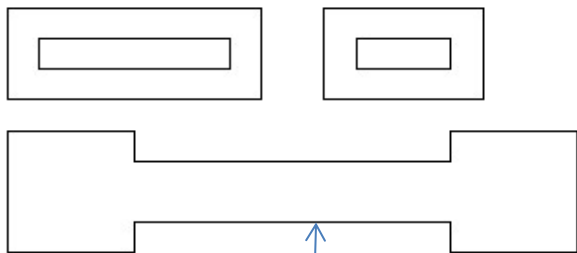
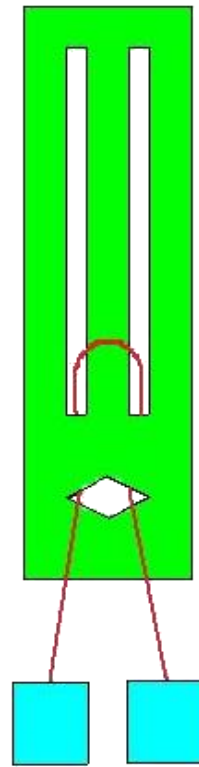


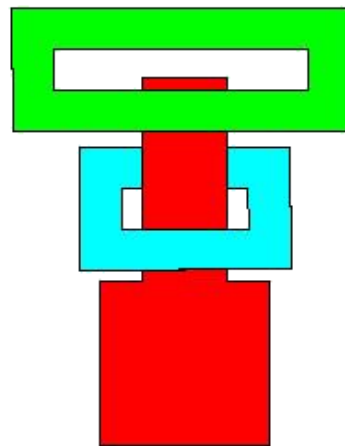
線に沿って切る



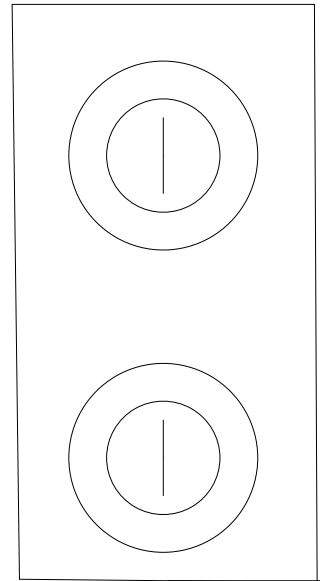
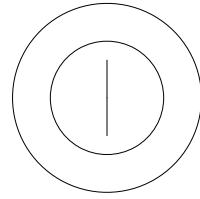
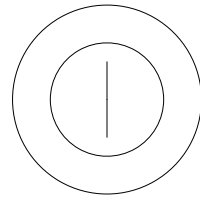
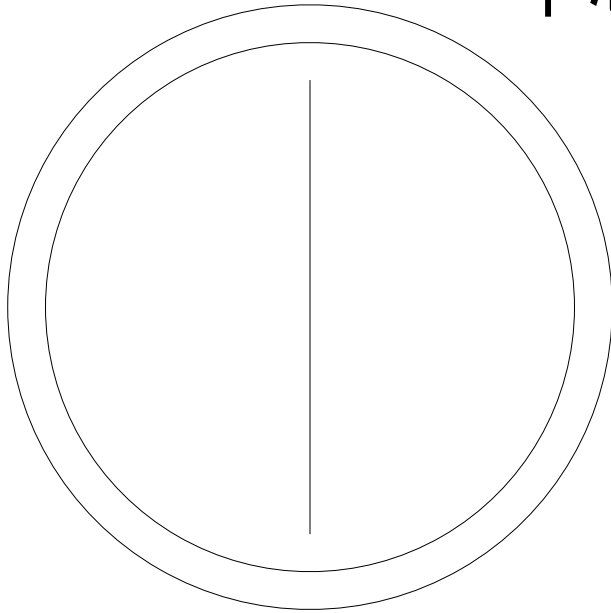
30cm位の紐の両端を挟んでホチキス等で留める



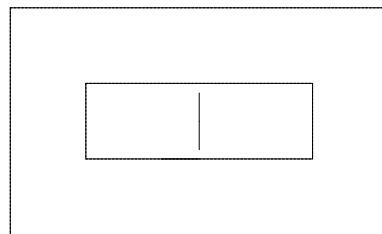
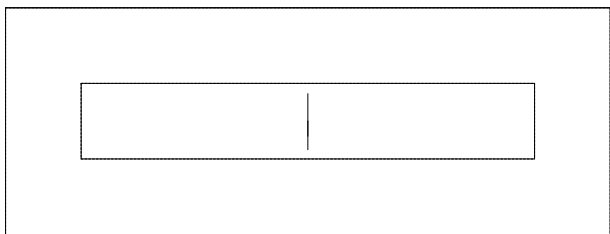
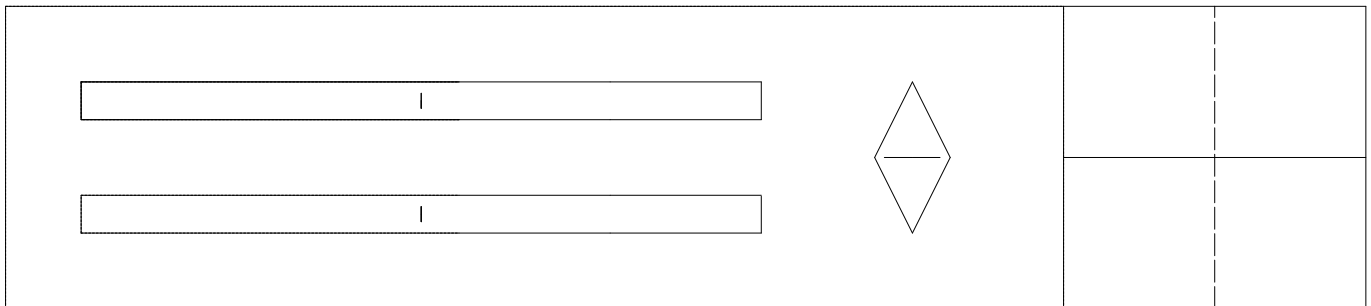
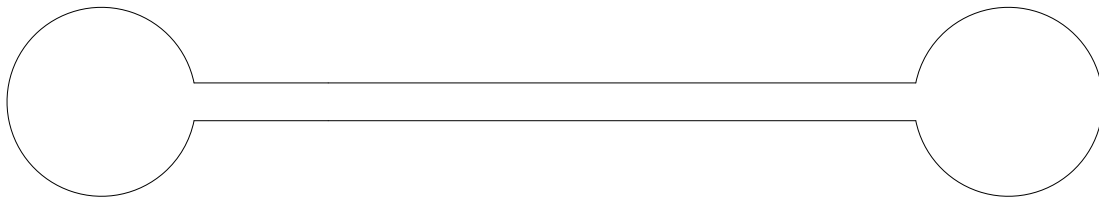
半分に折り曲げる



# 中心線で折り曲げて切る



予備



折り曲げ線

